


## RSHE Curriculum Overview 2023-2024

	Autumn		Spring		Summer	
EYFS	<p><b>Text: <i>The Colour Monster by Anna Lenas</i></b></p> <p>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</p> <p>Develop their sense of responsibility and membership of a community.</p> <p>Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations.</p> <p>Manage their own needs</p> <p>5 Trusted Adults</p> <p><a href="#">The Servant King</a></p>	<p>Play with one or more other children, extending and elaborating play ideas. Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</p> <p>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</p> <p><a href="#">What would Jesus do?</a></p>	<p>Increasingly follow rules, understanding why they are important. Remember rules without needing an adult to remind them</p> <p>Develop appropriate ways of being assertive. Talk with others to solve conflicts.</p> <p>Understand gradually how others might be feeling</p> <p><a href="#">Treat others as you would like to be treated Jesus' Golden rule; Courageous Advocacy</a></p>	<p>See themselves as a valuable individual.</p> <p>Build constructive and respectful relationships.</p> <p>Express their feelings and consider the feelings of others</p> <p><a href="#">Our bodies as the temple of God</a></p>	<p>Manage their own needs</p> <p>Build constructive and respectful relationships.</p> <p>Express their feelings and consider the feelings of others</p> <p>Show resilience and perseverance in the face of challenge.</p> <p><a href="#">God as our rock</a></p>	<p>Identify and moderate their own feelings socially and emotionally.</p> <p>Think about the perspectives of others.</p>  <p>Transition - Changes</p> <p><a href="#">God's love for his creation</a></p>
Year 1	<p><b>Text: <i>The Boy, the Mole, the Fox and the Horse by Charlie Mackesy</i></b></p> <p><b>BEING ME IN MY WORLD</b></p> <ul style="list-style-type: none"> <li>Feeling special and safe (<b>Jigsaw</b>)</li> <li>Being part of a class (<b>Social Behaviour Mapping</b>)</li> <li>Rights and responsibilities (<b>Social Behaviour Mapping</b>)</li> <li>Rewards and feeling proud (<b>Zones of regulation</b>)</li> <li>Consequences (<b>Zones of regulation</b>)</li> <li>Owning the Learning Charter (<b>Jigsaw</b>) (<a href="#">linked to our school values</a>)</li> <li>5 Trusted Adults</li> </ul> <p><a href="#">The Servant King</a></p>	<p><b>CELEBRATING DIFFERENCE</b></p> <ul style="list-style-type: none"> <li>Similarities and differences</li> <li>Understanding bullying and knowing how to deal with it</li> <li>Making new friends</li> <li>Celebrating differences</li> </ul> <p><a href="#">What would Jesus do?</a></p> <p><a href="#">Our Locality</a></p> <ul style="list-style-type: none"> <li>Safe walking in the countryside - cows</li> </ul>	<p><b>DREAMS AND GOALS</b></p> <ul style="list-style-type: none"> <li>Setting goals and steps to success</li> <li>Working well with others</li> <li>Have a positive attitude</li> <li>Overcoming Obstacles</li> <li>Feelings of Success</li> </ul> <p><a href="#">Treat others as you would like to be treated Jesus' Golden rule; Courageous Advocacy</a></p> <p><a href="#">Our Locality</a></p> <p>Staying safe around dogs (Dogs Trust)</p>	<p><b>HEALTHY ME</b></p> <ul style="list-style-type: none"> <li>Keeping myself healthy</li> <li>Healthier lifestyle choices</li> <li>Keeping clean</li> <li>Medicine safety/safety with household items</li> <li>Road safety</li> <li>Linking health and happiness</li> </ul> <p><a href="#">Our bodies as the temple of God</a></p> <p><a href="#">Our Locality</a></p> <p>Road Safety - crossing a road with a scooter or bike</p>	<p><b>RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>Belonging to a family</li> <li>Making friends/being a good friend</li> <li>Physical contact preferences</li> <li>People who help us</li> <li>Being a good friend to myself</li> <li>Celebrating special relationships</li> </ul> <p><a href="#">God as our rock</a></p> <p><a href="#">Our Locality - Visitor whole KS1</a></p> <ul style="list-style-type: none"> <li>Water Safety - ponds and rivers (RoSPA)</li> </ul>	<p><b>CHANGING ME</b></p> <ul style="list-style-type: none"> <li>Life cycles – animal and human</li> <li>Changes in me</li> <li>Changes since being a baby</li> <li>Differences between female and male bodies (correct terminology)</li> <li>Linking growing and learning</li> <li>Learning to Cope with change</li> </ul> <p><a href="#">God's love for his creation</a></p>
Year 2	<p><b>Text: <i>The Boy, the Mole, the Fox and the Horse by Charlie Mackesy</i></b></p> <p><b>BEING ME IN MY WORLD</b></p> <ul style="list-style-type: none"> <li>Hopes and fears (<b>Jigsaw</b>)</li> <li><b>Zones of Regulation Introduction</b></li> <li>Rights and responsibilities (<b>Social Behaviour Mapping</b>)</li> <li>Rewards and consequences (<b>Jigsaw and Social Behaviour Mapping</b>)</li> <li>Learning charter (<b>Jigsaw</b>) (<a href="#">linked to our school values</a>)</li> <li>5 Trusted Adults</li> </ul> <p><a href="#">The Servant King</a></p>	<p><b>CELEBRATING DIFFERENCE</b></p> <ul style="list-style-type: none"> <li>Boys and girls</li> <li>Challenging Bullying</li> <li>Standing up for myself and others</li> <li>It's ok to be different</li> <li>Celebrating Difference</li> </ul> <p><a href="#">What would Jesus do?</a></p> <p><a href="#">Our Locality</a></p> <ul style="list-style-type: none"> <li>Safe walking in the countryside - cows</li> </ul>	<p><b>DREAMS AND GOALS</b></p> <ul style="list-style-type: none"> <li>Goals to success</li> <li>Learning strengths</li> <li>Learning with others</li> <li>Group challenge</li> <li>Celebrating Achievement</li> </ul> <p><a href="#">Treat others as you would like to be treated Jesus' Golden rule; Courageous Advocacy</a></p> <p><a href="#">Our Locality</a></p> <p>Staying safe around dogs (Dogs Trust)</p>	<p><b>HEALTHY ME</b></p> <ul style="list-style-type: none"> <li>Being healthy</li> <li>Being relaxed</li> <li>Medicine safety</li> <li>Healthy eating</li> </ul> <p><a href="#">Our bodies as the temple of God</a></p> <p><a href="#">Our Locality</a></p> <p>Road Safety - crossing a road with a scooter or bike</p>	<p><b>RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>Families</li> <li>Keeping safe</li> <li>Friends and conflict</li> <li>Keeping Secrets</li> <li>Exploring Trust</li> <li>Celebrating special relationships</li> </ul> <p><a href="#">God as our rock</a></p> <p><a href="#">Our Locality -Visitor Whole KS1</a></p> <ul style="list-style-type: none"> <li>Water Safety - ponds and rivers (RoSPA)</li> </ul>	<p><b>CHANGING ME</b></p> <ul style="list-style-type: none"> <li>Life cycles in nature</li> <li>Growing up</li> <li>Changing me</li> <li>Difference between female and male bodies (correct terminology)</li> <li>Being Assertive</li> <li>Looking ahead</li> </ul> <p><a href="#">God's love for his creation</a></p>

Year 3	<p><i>Text: Big Panda and Tiny Dragon by James Norbury</i></p> <p><b>BEING ME IN MY WORLD</b></p> <ul style="list-style-type: none"> <li>Getting to know each other (Jigsaw)</li> <li>Making responsible choices(Zones of Regulation)</li> <li>Understand why rules are needed (Social Behaviour Mapping)</li> <li>Rewards and consequences (Social Behaviour Mapping)</li> <li>Learning charter (Jigsaw) (linked to our school values)</li> <li>5 Trusted Adults</li> </ul> <p>The Servant King</p>	<p><b>CELEBRATING DIFFERENCE</b></p> <ul style="list-style-type: none"> <li>Families</li> <li>Family conflict</li> <li>Witness and feelings</li> <li>Words that harm</li> <li>Compliments</li> </ul> <p>What would Jesus do?</p> <p><u>Our Locality</u></p> <ul style="list-style-type: none"> <li>Safe walking in the countryside - cows and roads</li> </ul>	<p><b>DREAMS AND GOALS</b></p> <ul style="list-style-type: none"> <li>My dreams and ambitions</li> <li>A new challenge</li> <li>Our new challenge</li> <li>Overcoming obstacles</li> </ul> <p>Treat others as you would like to be treated Jesus' Golden rule; Courageous Advocacy</p> <p><u>Our Locality</u></p> <p>Staying safe around dogs (Dogs Trust)</p>	<p><b>HEALTHY ME</b></p> <ul style="list-style-type: none"> <li>Being fit and healthy</li> <li>What do I know about drugs</li> <li>Being safe</li> <li>Being safe at home</li> <li>My amazing body</li> </ul> <p>Our bodies as the temple of God</p> <p><u>Our Locality</u></p> <p>Road Safety - crossing a road with a scooter or bike</p>	<p><b>RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>Family roles and responsibilities</li> <li>Friendship</li> <li>Keeping myself safe</li> <li>Global citizenship</li> </ul> <p>God as our rock</p> <p><u>Our Locality</u></p> <ul style="list-style-type: none"> <li>Water Safety - swimming pools, lakes and reservoirs (RoSPA)</li> </ul>	<p><b>CHANGING ME</b></p> <ul style="list-style-type: none"> <li>How babies grow</li> <li>Babies</li> <li>Body changes</li> <li>Family stereotypes</li> <li>Looking ahead</li> </ul> <p>God's love for his creation</p>
Autumn		Spring		Summer		
Year 4	<p><i>Text: Big Panda and Tiny Dragon by James Norbury</i></p> <p><b>BEING ME IN MY WORLD</b></p> <ul style="list-style-type: none"> <li>Being part of a class team (Jigsaw)</li> <li>Being a school citizen (Zones of Regulation)</li> <li>Rights, responsibilities and democracy (Zones of Regulation)</li> <li>Rewards and consequences (Social Behaviour Mapping)</li> <li>Our Learning Charter (Jigsaw)(Link to school values)</li> <li>Owning our learning charter(Jigsaw)(Link to school values)</li> <li>5 Trusted Adults</li> </ul> <p>The Servant King</p>	<p><b>CELEBRATING DIFFERENCE</b></p> <ul style="list-style-type: none"> <li>Judging by appearance</li> <li>Understanding influences</li> <li>Understanding bullying</li> <li>Problem-solving</li> <li>Identifying how special and unique everyone is</li> <li>Celebrating difference/how we look</li> </ul> <p>What would Jesus do?</p> <p><u>Our Locality</u></p> <ul style="list-style-type: none"> <li>Safe walking in the countryside: cows, roads and farm equipment</li> </ul>	<p><b>DREAMS AND GOALS</b></p> <ul style="list-style-type: none"> <li>Hopes and dreams</li> <li>Broken dreams</li> <li>Overcoming disappointment</li> <li>Creating new, realistic dreams</li> <li>Achieving goals</li> <li>Working in a group Celebrating contributions Resilience Positive attitudes</li> </ul> <p>Treat others as you would like to be treated Jesus' Golden rule; Courageous Advocacy</p> <p><u>Our Locality</u></p> <p>Staying safe around dogs (Dogs Trust)</p>	<p><b>HEALTHY ME</b></p> <ul style="list-style-type: none"> <li>Healthier friendships</li> <li>Group dynamics</li> <li>Smoking</li> <li>Alcohol</li> <li>Assertiveness Peer pressure</li> <li>Celebrating inner strength</li> </ul> <p>Our bodies as the temple of God</p> <p><u>Our Locality</u></p> <p>Road Safety - crossing a road independently inc. Partridge Green High Street</p>	<p><b>CHANGING ME</b></p> <ul style="list-style-type: none"> <li>Being unique</li> <li>Having a baby</li> <li>Girls and puberty</li> <li>Confidence in change</li> <li>Accepting change</li> <li>Preparing for transition</li> <li>Environmental change</li> </ul> <p>God as our rock</p> <p><u>Our Locality</u></p> <ul style="list-style-type: none"> <li>Water Safety - all open bodies of water including the sea and riptides (RoSPA)</li> </ul>	<p><b>RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>Jealousy</li> <li>Love and loss</li> <li>Memories of loved ones</li> <li>Getting on and Falling Out</li> <li>Girlfriends and boyfriends</li> <li>Showing appreciation to people and animals</li> </ul> <p>God's love for his creation</p>
Year 5/6 23/24	<p><i>Text: Big Panda and Tiny Dragon by James Norbury</i></p> <p><b>BEING ME IN MY WORLD</b></p> <ul style="list-style-type: none"> <li>Planning the forthcoming year (Jigsaw) Year 6</li> <li>Being a citizen in my country (Jigsaw) Year 6</li> <li>Rights and responsibilities (Jigsaw) Year 6</li> <li>Rewards and consequences (Zones of Regulation) Year 5/6</li> <li>Social behaviour mapping lesson Year %</li> <li>Make choices about my own behaviour because I understand how rewards and consequences feel and</li> </ul>	<p><b>CELEBRATING DIFFERENCE</b></p> <ul style="list-style-type: none"> <li>Different cultures</li> <li>Racism</li> <li>Rumours and name calling</li> <li>Types of bullying</li> <li>Does money matter?</li> <li>Celebrating difference across the world</li> </ul> <p>What would Jesus do?</p> <p><u>Our Locality</u></p> <ul style="list-style-type: none"> <li>Safe walking in the countryside: cows, roads and farm equipment</li> <li>Laws relating to trespassing</li> </ul>	<p><b>DREAMS AND GOALS</b></p> <ul style="list-style-type: none"> <li>When I grow up</li> <li>Investigate jobs and careers</li> <li>My dream job</li> <li>Dreams and goals</li> <li>How can we support each other?</li> <li>Rallying support</li> </ul> <p>Treat others as you would like to be treated Jesus' Golden rule; Courageous Advocacy</p> <p><u>Our Locality</u></p> <p>Staying safe around dogs (Dogs Trust)</p>	<p><b>HEALTHY ME</b></p> <ul style="list-style-type: none"> <li>Smoking</li> <li>Alcohol</li> <li>Emergency aid</li> <li>Body image</li> <li>My relationship with food</li> <li>Healthy me</li> </ul> <p>Our bodies as the temple of God</p> <p><u>Our Locality</u></p> <p>Road Safety - crossing a road independently inc. Partridge Green High Street</p>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>Recognising me</li> <li>Safety with online communities</li> <li>Being in an online community</li> <li>Online gaming</li> <li>My relationship with technology</li> <li>Staying safe and happy online</li> </ul> <p>God as our rock</p> <p><u>Our Locality</u></p> <p>Water Safety - all open bodies of water include risks related to 'tombstoning' (RoSPA) Year %</p>	<p><b>RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>Self image and body image</li> <li>Puberty for girls</li> <li>Puberty for boys</li> <li>Conception</li> <li>Coping with change</li> <li>Preparing for transition</li> </ul> <p>God's love for his creation</p>

	<ul style="list-style-type: none"> <li>How behaviour affects groups Democracy, having a voice, participating - Our learning charter <b>Year 6 (Jigsaw) (link to school values)</b></li> <li>Understand how to contribute towards the democratic process - owning our learning charter <b>Year 5 (Jigsaw) (Link to school values)</b></li> <li>5 Trusted Adults</li> </ul> <p><a href="#">The Servant King</a></p>					
Year 5/6 24/25	<p><b>BEING ME IN MY WORLD</b></p> <ul style="list-style-type: none"> <li>Planning the forthcoming year <b>(Jigsaw) Year 5</b></li> <li>Being a citizen <b>(Jigsaw) Year 5</b></li> <li>Rights and responsibilities <b>(Jigsaw) Year 5</b></li> <li>How Behaviour affects groups <b>(Jigsaw) Year 5</b></li> <li>Democracy having a voice, participating <b>(Jigsaw) Year 5</b></li> </ul> <p><a href="#">The Servant King</a></p> <p>Our locality</p> <p>Need to be added</p>	<p><b>CELEBRATING DIFFERENCE</b></p> <ul style="list-style-type: none"> <li>Know that people can hold power over others individually or in a group</li> <li>Know that power can play a part in a bullying or conflict situation</li> <li>Know that there are different perceptions of 'being normal' and where these might come from</li> <li>Know that difference can be a source of celebration as well as conflict</li> <li>Know that being different could affect someone's life</li> <li>Know why some people choose to bully others</li> <li>Know that people with disabilities can lead amazing lives</li> </ul> <p><a href="#">What would Jesus do?</a></p> <p><a href="#">Our Locality</a></p> <ul style="list-style-type: none"> <li>Safe walking in the countryside: cows, roads and farm equipment</li> <li>Laws relating to trespassing</li> </ul>	<p><b>DREAMS AND GOALS</b></p> <ul style="list-style-type: none"> <li>Know their own learning strengths</li> <li>Know what their classmates like and admire about them</li> <li>Know a variety of problems that the world is facing</li> <li>Know some ways in which they could work with others to make the world a better place</li> <li>Know what the learning steps are they need to take to achieve their goal</li> <li>Know how to set realistic and challenging goals</li> </ul> <p><a href="#">Treat others as you would like to be treated; Jesus' Golden rule; Courageous Advocacy</a></p> <p><a href="#">Our Locality</a></p> <p>Staying safe around dogs (Dogs Trust)</p>	<p><b>HEALTHY ME</b></p> <ul style="list-style-type: none"> <li>Know how to take responsibility for their own health</li> <li>Know what it means to be emotionally well</li> <li>Know how to make choices that benefit their own health and well-being</li> <li>Know about different types of drugs and their uses</li> <li>Know how these different types of drugs can affect people's bodies, especially their liver and heart</li> <li>Know that stress can be triggered by a range of things</li> <li>Know that being stressed can cause drug and alcohol misuse</li> <li>Know that some people can be exploited and made to do things that are against the law</li> <li>Know why some people join gangs and the risk that this can involve</li> </ul> <p><a href="#">Our bodies as the temple of God</a></p> <p><a href="#">Our Locality</a></p> <p>Road Safety - crossing a road independently inc. Partridge Green High Street</p>	<p><b>CHANGING ME</b></p> <ul style="list-style-type: none"> <li>Know how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally</li> <li>Know how a baby develops from conception through the nine months of pregnancy and how it is born</li> <li>Know how being physically attracted to someone changes the nature of the relationship</li> <li>Know the importance of self-esteem and what they can do to develop it</li> <li>Know what they are looking forward to and what they are worried about when thinking about transition to secondary school/moving to their next class</li> </ul> <p><a href="#">God as our rock</a></p>	<p><b>RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>Know that it is important to take care of their own mental health</li> <li>Know ways that they can take care of their own mental health</li> <li>Know the stages of grief and that there are different types of loss that cause people to grieve</li> <li>Know that sometimes people can try to gain power or control them</li> <li>Know some of the dangers of being 'online'</li> <li>Know how to use technology safely and positively to communicate with their friends and family</li> </ul> <p><a href="#">God's love for his creation</a></p>